

PUMPKIN MUFFINS

Ingredients

1 1/2 cups all purpose flour
1 tsp baking powder
1 tsp baking soda
1/2 tsp salt
1/2 tsp cinnamon
1/2 tsp nutmeg
1/2 tsp ginger
1 egg
1/4 sugar
1/3 cup cooking oil
1 cup cooked pumpkin
1/2 cup raisins (optional, for sweeter recipe)
1 1/2 tbsp orange rind (optional)



Directions

Combine first eight dry ingredients. Stir well and make a well in the middle.

Beat egg in small bowl until its frothy. Then mix in sugar, oil and pumpkin. Pour into well. Stir only until moistened (leave it lumpy).

Fill greased muffin cups 3/4 full. Bake at 400F 20 to 25 minutes. Cool for 5 minutes and remove. Serve warm.